

- Books in our library support the exploration of celebrating differences, as well as books linked more explicitly to bullying and friendship issues.
- In order to work towards our school aims, ensuring that when our children leave us at the end of Year 6 they are: confident communicators, with an expectation that their views will be listened to, good learners, have the information and strength to make good life choices, and have an awareness of their involvement in communities at all levels, our carefully planned curriculum has scope to explore many issues linked to differences and wider world issues.

**Additional information you may find useful:**

[www.stopbullying.gov](http://www.stopbullying.gov)

[www.anti-bullying.net](http://www.anti-bullying.net)

[www.bullying.co.uk](http://www.bullying.co.uk)

[www.childline.org](http://www.childline.org)

**Hamble Primary School's anti-bullying and anti-racism policies can be found at [www.hamble-pri.hants.sch.uk](http://www.hamble-pri.hants.sch.uk)**

Remember: Bullying and unkindness thrive on silence and secrecy, we all have to keep talking about this. Using the language of Children's Rights is a very powerful tool.

All children have the right to be safe.

All children have a right to be protected from harm and abuse.

All children have the right to be listened to and to have their opinions taken seriously.

For more information on the United National Convention on the Rights of the Child visit:  
[www.unicef.org/crc](http://www.unicef.org/crc)

# Anti-bullying



Hamble Primary School

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Information for Parents

By working together we help our  
children to succeed.

## What is known about Bullying?

- Bullying can happen in any school. All schools should have policies and procedures in place to deal with suspected and actual bullying. All schools will aim to ensure that bullying is less likely to happen and to have a structure in place to deal with it if it does.
- Research suggests that about half the pupils in our schools are bullied at some time during their school careers.
- Only a minority of children are seriously bullied, but this is a significant minority and some have their lives altered as a result.
- Children who are being bullied are worried and distressed. They may lose sleep, feel ill or play truant. They will not be able to concentrate properly on their lessons.
- Bullying can happen to any child. All it takes is to be in the wrong place at the wrong time.
- There are many different forms of bullying. At one end of the spectrum, it merges into relatively harmless "rough-and-tumble", and at the other it becomes serious assault or harassment.
- Verbal and psychological bullying can be just as harmful and hurtful as physical violence.

## At Hamble Primary School...

- We fully accept that bullying behaviour of all kinds must be challenged. Everybody must get a clear message that bullying is wrong. Research has shown that there are often many reasons why one child may act inappropriately towards another. At Hamble, as in many other schools, we will investigate each allegation of bullying behaviour on its own merits, dealing with each case individually. We aim, through the promotion of our school aims and values and the Rights Respecting Schools agenda, to ensure that our children are aware that bullying is wrong. We seek to build resilience in our children to enable them to seek help and support should they feel worried in any situation.

## What can parents do?

- Talk to your child about their day at school, their friendships, monitor any changes in behaviour.
- Listen to your child, without an extreme reaction, or addition to the 'blame'.
- TALK TO US - nobody in any school can do anything about a specific situation if we do not know about it. There are many things we pick up on in school, however, there may be something that only you know about and this information needs to be shared with us.
- Don't leave it too late; we would rather you told us about the little things that could possibly build up, so that we can work to prevent anything getting worse for your child.
- Encourage your child to talk to an adult in the school - our children at Hamble are very good at coming to talk to someone about things that they do not think are 'fair' or something that is worrying them. This is something we strongly encourage through our school aim linked to pupil voice. By sorting out small things we can make life much happier for everyone.

## The Curriculum at Hamble Primary School

- We have a specific 'anti-bullying' focus during the national Anti-Bullying Week each year, each year group has a different focus: YR Friendships, Y1/2 anti-bullying and 'good and bad secrets', Y3/4 Internet safety and racist bullying, Y5/6 Cyber Bullying
- We also aim to build resilience through the whole of our school curriculum, both in and out of lesson time. We have weekly certificates linked to our school values of Belonging, Courage, Aspiration, Trust and Respect.
- Anti-bullying messages are discussed within classes, through assemblies, through the PSHE and global learning curriculum, as well as through our commitment to the promotion of the Equality Act.