

Commitment to PDL/Safeguarding

Each class has a weekly timetabled slot for PDL. Whenever possible, this subject area is taught / facilitated by the class teacher. We fully recognise that these sessions could have content that is potentially sensitive for some children, therefore, we believe that it should be taught by the person most likely to know the children best. Assemblies often include links to PDL and Safeguarding to reinforce key messages.

Links with other subject areas

The teaching and learning in PDL takes in aspects of the Science National Curriculum, as well as wide aspects of PE. Online safety is also covered regularly. We see this as an additional way to ensure that our school values and aims support our wider school curriculum.

The PDL curriculum at Hamble Primary also supports our acknowledgement of our duties under The Equality Act (2010), as well as ensuring the teaching of the fundamental British Values.

Research Base:

The PSHE Association
DFE guidance

https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/812593/RSE_primary_schools_guide_for_parents.pdf

NSPCC <https://learning.nspcc.org.uk/media/1682/briefing-summary-dfe-guidance-relationships-education-sex-health-education-england.pdf>

Teaching and Learning

Personal Development Learning (PDL)



Hamble Primary School

023 80453298

By working together we help our children to succeed.

Relationships Education, Relationships and Sex Education, and Health Education in England (NSPCC, June 2019)

Relationships Education in primary schools: *The focus in primary school should be on teaching the fundamental building blocks and characteristics of positive relationships, with particular reference to friendships, family relationships, and relationships with other children and adults. This will create opportunities to ensure children are taught about positive emotional and mental wellbeing and how friendships can impact on this.*

Children will also be taught to recognise and report different types of abuse, including emotional, physical and sexual. This will include focusing on boundaries, consent and privacy so that children understand that they have rights over their own bodies and know how to seek advice when they suspect or know something is wrong. There will also be opportunities to teach children about boundaries with their peers, including when they are online.

Sex education in primary schools: *Sex education is not compulsory in primary schools although many primary schools already choose to teach some aspects of sex education and will continue to do so. Primary schools that choose to teach sex education should tailor teaching to take account of the age and the physical maturity of its pupils.*

At Hamble Primary School we are committed to providing our children with the knowledge and skills that they need to be happy and successful in our ever-changing world. We subscribe to the PSHE Association and use their materials to support our teaching.

The PDL (Personal Development Learning) curriculum at our school covers the following aspects:

Relationships Education

- * families and people who care for me
- *caring friendships
- *respectful relationships
- *online relationships
- *being safe

Health Education

- * mental wellbeing
- *internet safety and harms
- *physical health and fitness
- *healthy eating
- *facts and risks associated with drugs, alcohol and tobacco
- *health and prevention
- *basic first aid
- *changing adolescent body

Economic Education

- *wants and needs
- *influences and attitudes to money
- *financial risk
- *budgeting

Sex Education (Year 5/6)

At Hamble Primary we believe that it is important for our children to learn the basic facts before they move up to secondary school. The content we teach is linked to the reproduction parts of the Science National Curriculum (which is compulsory). We use the Channel 4 Living and Growing videos to support the teaching and learning.