



School Council

05.02.2020 2.45pm Octopus Room

Agenda:

- Playground equipment update
- Childhood Mental Health Week
- Brainstorm ideas
- Set task for classes

In attendance:

Led by: Mrs Hewitt

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| Meerkats: | Leopards: Alba |
| Owls: Martha | Flamingos: |
| Penguins: | Rhinos: Isaac |
| Kangaroos: Harvey | Pandas: Bradley |
| Koalas: Louie | Dolphins: Emma |
| Giraffes: Matty | Elephants: |

- Mrs Hewitt told the councilors that the play equipment they selected would be being installed next week, so that it was ready for after half term. Isaac suggested that the school council could come up with some rules/advice about how to use the equipment and that they could do an assembly about this. Mrs Hewitt will look for a date that this could happen and feedback to the council.
- Mrs Hewitt spoke to the children about it being Children's Mental Health Week and that we had decided that we would like to do something at school to help support the children's mental health. Children volunteered ideas about what we meant by 'mental health' and decided that we needed something to help children feel a bit happier when they were sad. Lots of children talked about friendships and not having people to play with. Mrs Hewitt talked about also just feeling some days and that is ok – there doesn't always need to be a reason. There is a board in the school hall that will be a mental health and wellbeing board. The children came up with suggestions about what could go on this to help others with their mental health.
- School council to write their ideas like a poster for display on the board.

Ideas included:

Go outside

Find a friend

Do some exercise

Think of something you are looking forward to

Tell an adult

Try something new

Try an activity you enjoy

Find a quiet spot

Read a book

Run around the track

- Louie suggested that there should also be some compliments on there that would make the children feel good about themselves. It was decided that this is what classes will do and then these could be stuck around the display.
- Councillors started their poster statement.
- Mrs Hewitt is to put a sign up on the school council notice board which says when the next meeting will be in the hope that all children attend the next meeting.

Meeting closed at 3.20pm. Next meeting Monday 10th February.